

**SECTION .1500 – ADMISSION AND DISCHARGE**

**10A NCAC 14F .1501 ADMISSION AND DISCHARGE**

- (a) All patients admitted to the program shall have a referral from a physician.
- (b) Prior to discharging a patient, the interdisciplinary team shall develop a discharge plan. At a minimum, the discharge plan shall include instructions as to how to achieve or maintain the goals established in the cardiac rehabilitation care plan.
- (c) Upon discharge from the program, a discharge summary as outlined in Rule .2002(a)(10) of this Subchapter, shall be sent to the personal or referring physician.

*History Note: Authority G.S. 131E-169;  
Eff. July 1, 2000;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. December 6, 2016.*